

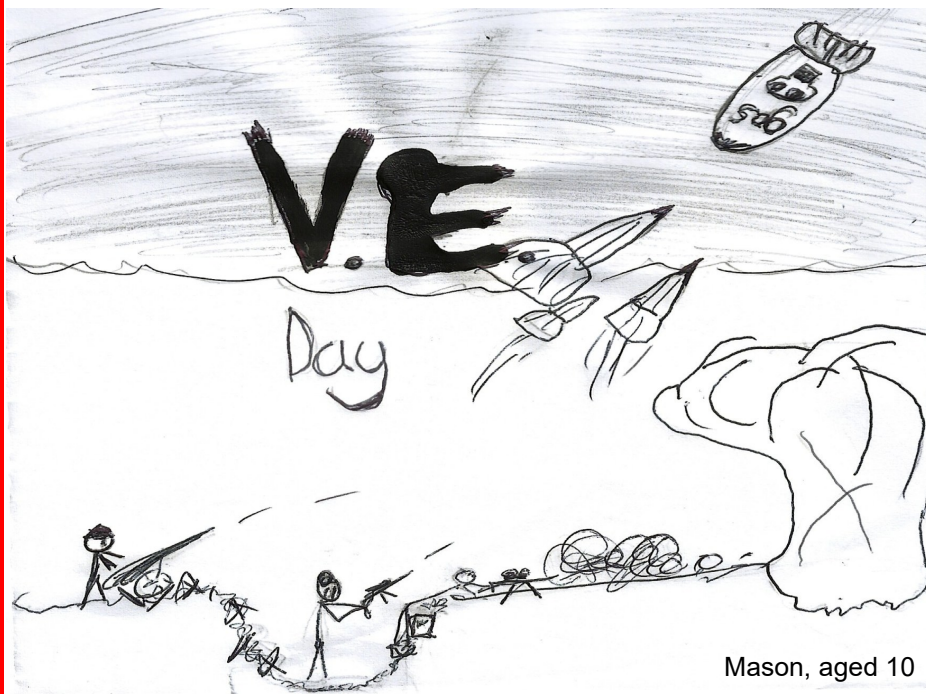
Newsletter

Ilchester, Northover, Yeovilton, Podimore, The Mead,
Bridgehampton, Draycott, Limington, Speckington



April / May 2025

VICTORY IN EUROPE 80TH ANNIVERSARY 8TH MAY



Mason, aged 10

ARMED FORCES DAY 17TH MAY

Who are IDCA?

Ilchester & District Community Association (IDCA) is a registered charity which serves Ilchester, The Mead, Northover, Limington, Yeovilton, Podimore, Draycott, Bridgehampton & Speckington. We are a group of volunteers who organise annual events such as The Christmas Lantern Parade and the Easter Bunny Hunt. We also organise special occasions like Jubilee and Coronation celebrations. All the money raised goes back into the community in the form of funding the next celebration, this newsletter and donations to local community groups. Recently we supported an outdoors play area for Ilchester Primary school, large print books for Ilchester library and travel cost for Brownies and Rainbows. Please contact **idca234@gmail.com** for any support requests.

Do you belong to a group you want to tell us about? Perhaps you want to raise the profile of a local charity or event. Maybe you want to thank someone. If you want to tell us about it email **idcanewsletter@gmail.com**. No word minimum. Keep it friendly and no politics. Cheers! **Next issues deadline is Monday 12th May 2025.** Caroline

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Events for your calendar

Easter Bunny Hunt **1st—17th April**

1st Car Boot (weather permitting) **Sunday 6th April**

Easter **Sunday 20th April**

May Day/ Beltane **Thursday 1st May**

Early May Bank Holiday **Monday 5th May**

VE 80th anniversary **Thursday 8th May**

Armed Forces Day, also a jumble sale **Saturday 17th May**

Flower, Produce, & Craft Show/ Fete **Saturday 26th July**

VJ 80th anniversary **Friday 15th August**

Useful dates

Big Black bins (landfill)	Fri 4th April, Sat 26th April	Fri 1st May, Fri 6th June	
Big Green bins (garden waste)	Thurs 10th April, Thurs 24th April	Thurs 8th May Thurs 22nd May	
Mobile library	Wed 23rd April	Wed 21st May	14.25-14.55 West st/Pill Bridge Lane 15.05- 15.45 Taranto Hill
Friends of St Mary coffee morning	Thurs 18th April	Thurs 15th May	St Mary, Lim- ington 10.30
Diners club	Tues 1st April	Tues 6th May, Tues 3rd June	J. Stapleton 01935 841 247
Ilchester Parish Council meeting	Thurs 10th April	Thurs 8th May	19.30 Town Hall
Yeovilton and dis- trict Parish Council meeting		Tues 13th May	19.00 AGM 19.30 St Barthol- omew's, Yeovil- ton

Town Hall Timetable

Activity	Mon	Tues	Wed	Thurs	Fri
Library (not b.hols)	10.00-12.00		10.00-12.00	10.00-12.00	
Zumba!	9.30				
Yoga		9.15 10.30 19.00-20.30	18.30-19.30	(beginners) 10.00	
Chair Yoga				11.30-12.30	
Pilates	18.00-19.00		18.30		
Boxercise	19.15-20.00				
Art Group				14.00	
History Group			14.00 (last of month)		
Knit & Knatter					10.00 (1 st of the month)
Anglers				20.00 (once a month)	
Ilch. Parish Council				19.30 (2 nd of the month)	
Ivelteenies			19.00 (1st of the month)		

You are very welcome to hire rooms in the Town Hall for events including private celebrations. Please contact **Julie Stapleton: 01935 841 247, ittcaretaker@gmail.com**

WED 10-11.30 Coffee morning plus the care & share table

April	2nd Air Cadets	9th Lindinia Explorers	16th History Group	23rd bibic (children's charity)	
May	7th Blood Bikes	14th South Petherton Stroke Unit	21st St Mary Major	28th Brownies	
June	4th Friends of Ilchester School	11th St Mary Major	18th IDCA	25th Ilchester school	

The Heritage Centre (Museum) open every Wednesday (10-15.00) and last Saturday (11-15.00) of the month from 23rd April

Tall Trees Timetable

Activity	Mon	Tues	Wed	Thurs	Fri
Boogie Bunnies – Music & Movement (booking required, term time only)	0915-1015 1030-1130	0915-1015 1030-1130		0915-1015 1030-1130	
Rainbows		1730-1830			
Aggies Coffee Drop in			0930— 1100		
Military Wives Choir			1900- 2100		
War Games Group				1900-2200	
Lullaby's Baby Massage		1300— 1430 (book in advance)			
Play Town Parties					1015-1130
Children's Disco or Entertainment					1900-2200 (Once a month)

Please contact **Gill Duke 01935 840 562**, navypeople-psrnfpscent@mod.gov.uk for details.

Bar open to all: Thurs 19.00-23.00, Fri 19.00-00.00, Sat 13.00-00.00, Sun 13.00-22.30

Tall Trees is managed by the HMS Heron Central Amenities Fund and supported by the RN FPS Community Outreach Group and Community Development Worker. **All are welcome**, however there will be times when activities are not appropriate for civilians.

Ilchester Sports Field Pavilion

Activity	Mon	Tues	Wed	Thurs	Fri-Sat-Sun
Brownies (term time)	18.00-19.15				
Spinning w/ John		18.30-18.50		18.30-19.20	
Ilchester FC					Through-out the day
Car Boot					SUNDAY 7.30 sellers 8.30 Buyers

The Pavilion and Sports Field is available for hire. This includes outdoors space and plenty of parking. Please contact Maxine: **07562 988 837** or ittclerk@gmail.com. Please check Ilchester Town Trust website for details

Ilchester Charity Car Boot

The car boot is every Sunday, weather permitting. The first of the season is expected to be **SUNDAY 6th APRIL**. Please check Facebook for updated info in real time. Seller from 7.30, buyers 8.30. BA22 8NL

Ilchester Youth FC



As the season draws to a close there is still lots of football to watch at the Sports Field. If you're free Wed 16th April there's a double whammy. Easter Sunday fixture looks like it will be an exciting one! For more fixtures visit The FA website, Yeovil & District Youth League 2024-25, or Ilchester Youth FC on Facebook.

The Great Ilchester Bunny Hunt

1st - 17th April

Pick up a free entry form from outside the town hall or print one off from the IDCA facebook page, then take a walk through the village and see how many you can spot!



When you've found them all, drop off your completed form to the Town Hall to be in with a chance of winning an Easter Egg!

IVELMEADS PARISHES

**Ilchester w Northover; Tintinhull; Limington; Chilthorne Domer;
Yeovilton w Podimore; Yeovil Marsh**

Worship Matters

Apr 6th	MP 9.30am Podimore	HC 9.30am Chilthorne D	HC 11.15am Limington	
Apr 13th Palm Sunday	HC 9.30am Yeovil Marsh	HC 11.15am Ilchester	St Andrew's Family @ 4pm Ilchester School (Infant Dept)	
Apr 17th Maundy Thursday	HC 10am Tintinhull		HC 7pm Limington	
Apr 18th Good Friday	Good Friday Procession 10am Chilthorne D (From Sports Pavilion)		Reflections and music about the cross 2pm Ilchester	
Easter	6.30am 'Sonrise' Service St Andrew's Northover	9.30am HC Chilthorne D & HC Limington	11.15am HC Podimore	4pm HC Ilchester
Apr 27th	HC 9.30am Tintinhull	MP 11.15am Ilchester	EP 4pm Limington	
May 4th	MP 9.30am Podimore	HC 9.30am Chilthorne D	HC 11.15am Limington	
May 11th	HC 9.30am Yeovil Marsh	HC 11.15am Ilchester	St Andrew's Family @ 4pm Ilchester school (Infant Dept)	
May 18th	HC 9.30am Ilchester	MP 9.30am Limington	HC 11.15am Podimore	4pm Family Service Chilthorne D
May 25th	HC 9.30am Tintinhull	MP 11.15am Ilchester	EP 4pm Limington	
May 29th Ascension		HC 7pm Limington		

From the Rectory

The English do seem to be a hopeful people; certainly when it comes to the summer's weather. We are used the grey, and wet and cold of the winter, but there is always something about spring that gives hope of at least two hot and sunny days to come that we can call 'summer'. However, I suspect, as hopeful as you may be, you are not daft enough to go to the bookies and bet on it.

Knowing there will be summer but not knowing what exactly the weather will be means having a coat, a brolly, a jumper, shorts, t-shirt, sun cream and a flask of hot soup with you every day. And maybe the same could be said about our lives. Many people expend time and energy trying to second guess the future and worrying about having all that is needed to cope with it.

When the storm breaks having the right protection from the rain is a top priority. Having the ability to get out of the raging wind, being helped through it all by a friend and finding a safe haven and some warming tea is a key necessity. Being able to get out of wet clothes so we don't catch cold is a good idea. The last thing we think of during today's storms is what is coming next week; we just want to get through things now.

We often talk of the storms of life - the illness, heartache, job loss or bereavement we encounter. During these times we just want some sense of care and warmth, some relief from the torrents of emotion, some guidance to a better place – and rightly so.

The most known Psalm is number 23: 'The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul. He guides me along the right paths for his name's sake. Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.' Here is the honest acknowledgment that not all things in life will be blue sky and wonderful sunsets. But here also is life experience, that in those times of storm, of threat, of darkness, God is with us and we can journey through, together. It can be difficult in the dark times to see His presence; the trick to knowing He is there is, of course to get to know God in the good times; Christianity is not about 'insurance', it is 'assurance'!

So here's a challenge, get to know God when everything is good. Come to church - yes the hymns may be boring, the preacher may say something you do not like, the people may be very ordinary – but God on the other hand... Read a Gospel there are free copies of Mark's gospel in the churches you can take for yourself! Pray!

With God all things are possible! The valley may be dark, but His presence and comfort can be found there!

Blessings
Bruce

Heritage Centre aka The Museum



In the last issue we promised to tell you more about how the aunt of a world-famous author had to spend months living with the governor of Ilchester Gaol while awaiting her trial for alleged shoplifting. You may have guessed that the author was Jane Austen. Her aunt was Mrs Jane Leigh Perrot, who was arrested in Bath and accused of stealing lace from a shop. Mrs Leigh Perrot was married to Jane's mother's brother. The couple were wealthy, had no children, and were used to leading a quiet life. Because of their wealth Mrs Leigh Perrot was not confined to a prison cell while awaiting her trial, but she did have to lodge with gaol governor, Edward Scadding and his wife - who had 10 children aged from 17 years to just a few months old. You can imagine how noisy the house was. Mrs Leigh Perrot wrote letters to the Austen family describing what it was like, with small children, dogs and cats filling the place - and Mr Scadding swearing, But she did appreciate that the family was doing its best to be welcoming.

Silhouettes were a popular form of portrait at the time, and the silhouette of Mrs Leigh Perrot here has been supplied to us by Jane Austen's House at Chawton, Hampshire, which is open to the public. This year is the 250th anniversary of Jane Austen's birth, and Ilchester Heritage Centre will have a small display about Leigh Perrot's stay in Ilchester - and the outcome of the trial. TR

ILCHESTER MUSEUM

Entry is free

OPENING HOURS APRIL - OCTOBER

Every Wednesday from 23rd April 10am - 3pm

Last Saturday of the month 11am –3pm

Tours of the Roman cemetery, weather permitting, last Wednesday of the month. Meet at the museum. To book call into the museum or email:

Ilchester.heritage@gmail.com

The site is currently overgrown. You will need suitable shoes and clothes.

There are no Roman archology visible above ground, but is still an evocative site. Walks run under the old goal boundary wall.

ILCHESTER CHARITY CAR BOOT SALE
RAISING FUNDS FOR OUR LOCAL COMMUNITY



EVERY SUNDAY
FROM 6 APR-12 OCT 2025
SELLERS 0730/ BUYERS 0830

SELLERS' FEES (Entry 0730)

£6 Cars
£11 Campers/Vans/Van based People Carriers
£16 Merchant/Commercial Vans
£5 Additional Trailer
£5 per additional Trailer

BUYERS' FEES (No access to stalls prior to 0830)

£1 per Vehicle (Single Occupancy)
£2 per Vehicle (Multiple Occupancy)
£1 Pedestrian/2 wheeled vehicles
Children free

SELLERS WEEKLY RAFFLE

TOP PRIZE OF: £30 CASH or ONE of 4 Free Pitch Vouchers

Wessex Scout Group

Group Lead Volunteer



Having been scouting for 43 years and comparing today's scouts with those of 1982 ... a lot has changed, and yet it is still the same.

I'm so proud of our team; they are working so hard to give our current 'members' the same level of values & learning to become the decent citizens that their predecessors have become. We have various tradesmen locally and far away who spent some time with us and are still in touch with me now.

Over the next year, I will be 'pulling back' from scouting but staying in the background to help with whatever is needed. Pete Graham will be donning my 'crown', and I know the group will be in very safe hands. Thank you, Pete. Our roles are now called 'group volunteer lead' as scouting has had a transformation.

For my 80th birthday in March, I have asked for donations. Not presents, so that I can provide a defibrillator for the scout HQ at the mead, and I'm sure this will also benefit the neighbours who have put up with our comings and goings! As an employee, Asda will match any amount I raise, but any donations that you can help with would be appreciated, as there will be ongoing maintenance. If you want to support this endeavour, please contact me.

GSLWessex@Gmail.com *June Eaton*

Beavers

The Beaver Colony is continuing to thrive and grow. We have welcomed two new members since January, and this has taken our numbers up to 17. We'll be welcoming more members after Easter and some goodbye to some who swim up to cubs as well. The Beavers have been hard at work on the Air Activities badge, in which they've been learning about different aircraft and then making and experimenting with paper aircraft. They've also been working on their Digital Citizen and Digital Maker Badges, and we were lucky enough to have a visit from our scout leader, Sean, who popped in to help out. Thank you, Sean. We have two brilliant Young Leaders who work with our team to help plan and lead activities. A Young Leader is a member of the Scout Association between 14-18 who undertakes training and volunteers within the movement. The Beaver leader team and Beavers will now be turning their attention to their first-ever camp, which is scheduled for the summer.

Cubs

The Cubs have had a busy spring term. Many people would recognise the famous blue millennium plaques, which were put up to celebrate the year 2000 and denote a building of importance; well, the cubs went on a hunt around Yeovil searching for these plaques and in an hour and a half, they found 19 of the 25 in existence. They had a fantastic time exploring and working hard at their local knowledge badge. Furthering on from that, they've also been out and about in Ilchester on a hike where they practiced their map reading abilities and brushed up their navigation skills. These are just some of the outdoor activities they've been getting up to as the weather gets nicer, but when it's chilly out, they're also up to adventures indoors too. For Pancake Day, the Cubs got creative with their cooking and had a go at making pancakes in as many different ways as possible, such as on open fires, gas stoves, and tealights.

Going forward, the Cubs are eagerly awaiting their Cubs Day Out to Bristol Zoo Project in May, and following that is the Cub camp in June (arguably the biggest event in the Cub calendar!). The cubs are working hard to come up with ideas around the theme of pirates, and they are ready to start crafting in the summer term.

Scouts

Scouts also had fun on Pancake night, brushing up on their cooking skills. The leaders reported that all pancakes made it back into the pan after being tossed, but a check of the ceiling will have to be undertaken to confirm this. Later on in the term, they'll be researching and building model rafts, making good use of the orienteering paths up at Ham Hill and putting their survival skills to the test on a camp when the better weather finally comes around. A big thank you to all the leaders who are working hard to make this camp happen.

We'd also like to welcome two new leaders to our scout section and the larger Wessex Scout Group family as new Assistant Scout Leaders or, as they're now known after transformation, Team Members.

Fundraising

Again, we'd like to thank the local community for their continuous and ongoing support. The money raised at the Christmas bingo went towards paying our capitation; this is a payment made to Scout HQ every January, which co-

vers our insurance for the year and ensures we can keep doing all the Scouty things everybody knows and loves. Utilising the money raised at the Christmas bingo for this purpose means we've been able to keep our subscription fees low and ensure scouting remains accessible to everyone.

Furthermore, we had a coffee morning in February, at which we raised around £170. This money was spent on purchasing some new storage cabinets inside the hut to keep our equipment locked up safely.

Going forward, we have a coffee morning planned for the 9th of April and an Easter Bingo planned for the 12th of April. We'd like to thank everyone who has donated prizes or time to support us.

Our fundraising goal going forward is to purchase some new Hi-Vis vests for the group, as our current ones have been through the wash one too many times thanks to the Great British countryside and Scouts' love of mud.

Fancy joining us?

If you or a young person you know would be interested in joining our group, please contact the Group Lead Volunteer, June Eaton, at GSLWessex@gmail.com.

Scouting is for everyone, and there is always a role to suit you whether you have prior experience or not. If you would like to know more about how you could get involved, please reach out.

Ilchester Relief In Need & Education Charity

Ilchester Relief In Need & Education Charity (IRINEC) has its roots in the late 1300's with Robert Veel. IRINEC's role today is to support groups and individuals who live within the parish of Ilchester who require financial assistance for the 'improvement of life'. IRINEC also provides grants to students, of any age, where there is a financial need. Students considered could be those in school, apprenticeships, college, or university. This can also include adult education. Financial support given in the past has been for transport costs, books, tools and field trips.

Please contact the clerk with a request to IRINEC – Mrs Elston, 07782251464, kayeelston@aol.co.uk



Ilchester Community
Primary School

ART
EXHIBITION

From 1st week in April
until Easter Monday @
St Mary Major

©MH

Lendinae ESU

Since the last newsletter, the explorers have been very busy. They delivered 234 of these newsletters to the Hainbury Meadows estate and Broadsword Park. This endeavour was undertaken to assist the explorers in working towards their top awards: The Platinum Award and The Diamond Award. The top scouting awards are very similar to the Duke of Edinburgh award in the sense that Explorers must also do a set time frame (3 or 6 months) in Volunteering, Skills and Physical activity as well as an expedition. Unlike DofE, the explorers then also have to undertake what we call ICVs. ICV stands for International, Community and Values. Our Explorers collectively decided that this year they wanted to focus on the community aspect of their ICVs. So we've arranged with IDCA for the Explorers to deliver the local newsletter to support the community and make local information more available to all. You'll likely see us out and about delivering newsletters every now and again.



We'd like to give a big congratulations to two of our Explorers who have recently been awarded their Bronze DofE, another Explorer who has been awarded both his Silver DofE and his Platinum award (By the time this is published he'll be hard at work on his diamond!) and a fourth who has achieved his Young Leader belt. We're very proud of them all for the hard work and dedication they've shown to achieve these awards; they've each overcome personal challenges to achieve these awards and have shown what resilient characters they are.

Going forward in the term, we'll be doing a joint event with 1st Fosseyway Scouts (Martock), who are one of our partnered groups. For this, our Explorers will be running a portion of an evening for the scouts to achieve their YouShape award. Scouting is all about the youth and providing them with #SkillsForLife, and the YouShape award teaches young people vital leadership and organisational skills which they'll carry with them going forward.

We're looking forward to better weather and thinking ahead about all the outdoor activities we'll soon be doing, such as hiking, canoeing, orienteering, and wide-games.

We're always looking for help and support with our unit, whether that be in a behind-the-scenes role or as a Leader; there is always something for everyone, and it is a fantastic way to get involved in the local community, not to mention an incredibly rewarding endeavour. You don't need any previous scouting experience to get involved. If this feels like something you may be interested in or you have any questions, please get in touch.

Lendinae.ESU@EastSomersetScouts.org.uk

Ilchester Community Primary School



Making learning irresistible for all

Infant Dept: 01935 840 328 **Junior Dept:** 01953 840 568

Email: office@ilchestercommunityprimary.com

World Book Day

On Thursday 6th March, we celebrated World Book Day at Ilchester School; we dressed up in costumes from a book and then brought the book into school too. As a whole school, we had Sam Usher, who is an author and illustrator come in for an assembly. He read us some of his books and also drew some of his characters. Afterwards, Sam Usher held a workshop that we all participated in and we were separated into year groups from the Infants to the Juniors. During his workshop, he read two of his books and taught us how to draw a pirate and asked us to draw ourselves in our rooms with our favourite things and something outside the window. In our classroom, we participated in the World Book Day gift card designing challenge. We also did a Football Book Quiz on our class whiteboard, which we all did well on.

Shrove Tuesday

In our school, on Shrove Tuesday (Pancake Day) we made pancakes by mixing eggs, milk and flour – we had lots of toppings to select from: chocolate spread, sugar and syrup. We all loved making the pancakes which tasted excellent! We also learnt the meaning behind Shrove Tuesday which is celebrated by Christians all over the world.

FOOTPATHS

Many thanks to those who help keep our footpaths clear. If anyone would like to volunteer on the 'Adopt a Path' or 'Somerset Strimmer' schemes they can get information from **volunteering.somerset.gov.uk** or phone 01823 358 250.

If anyone finds a problem with a footpath they can report it using the interactive map by following the link at **somerset.gov.uk/rightsofway**. This site enables you to report a problem or see if it has already been reported. You can also phone the council on 0300 123 22 24

For those of you with concerns about Limington footpaths feel free to contact **limingtonfootpaths@gmail.com**



With guiding, girls
have fun, adventure
and the space to
discover their
potential.

This term Ilchester Rainbows and Brownies have been working on their “Be Well” theme award this is about looking after yourself and yourself, whether that be by being ready, steady and relaxing with our Rainbows Healthy Mind badge or being a food detective and becoming a chef with our Rainbows Fruit and Veg badge. In Brownies it is all about the Dancing badge, making up a new one and sharing their favourite one or sharing what they are grateful for with their Mindfulness badge.

Along with the girls looking at these badges independently we have been looking at the First Aid badges and completed our 1st one. They have learnt about what they need in their own 1st aid kits and what shouldn't be in there, mend a friend where we have fake cuts, we had to clean and pop a plaster on – safe to say this was the best activity they did and most of the Rainbows went home with a plaster with on tell her parent she had really hurt herself and managed to a treat! We covered about bites and what we should do, wash our hands correctly and about our feelings. We will be moving onto the next First Aid badge which they will learn all the recovery position and how to get help.

In between working on this topic some of our girls attended our district Thinking Day event with over 100 Rainbows, Brownies, Guides, Rangers and Leaders. We visited 3 countries and 2 counties. We did different activities, made turtles in Brazil, stained glass windows in Gloucestershire, monkey masks in Ghana, did our own Glastonbury Festival plan in Somerset and Icey bracelets in Finland with Holly Webb who is a children's author and one of our region ambassadors. We also tasted apple juice from a local farm whilst with visited Somerset and while in Ghana we roasted bananas!

For Shrove Tuesday we made pancakes over tea lights by using a jam tart silver tray some took a little bit longer than others, but all girls made at least one and some brought a topping of their choice. With this activity they safely learnt how to light a match – it was a massive hit with them all!

In Brownie we have also finished off our "Night at the Museum" badge, we started this last summer and visited the museum in the Town Hall, and as we were focusing on the Romans part of the badge. The girls made a mosaic of an owl and made a horse and chariot model. For any of the girls that weren't with us last summer were asked to tell us about a museum they had visited, on the next page is a about a Roman Villa that 2 of our Brownies have visited and written by Elizabeth.

Later this month, 30 of our girls and leaders are off to Legoland on a Region Takeover day...lets hope the sun is shining!

We have spaces for both adults and girls across our district, if you are interested please contact Laura Williams at laurawilliams@girlguidingsomerset.org.uk, fund us in Facebook Girlguiding Ilchester and Queen Camel or register at www.girlguiding.org.uk/join-us



Are you a girl 14 - 18 years in Yeovil
and the surrounding areas?



Then you might be interested in
Rangers

No previous experience of
Girlguiding necessary

Meet others your age and find
out what opportunities are out
there for you in Girlguiding

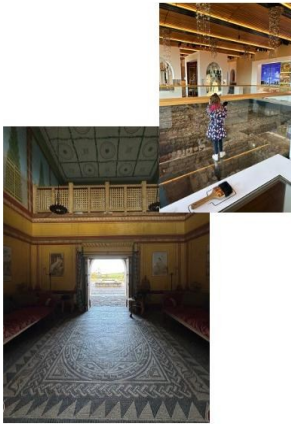
Please DM for information or email
enquiries@girlguidingsomerset.org.uk



The Roman Villa

On the left, there is a picture of what one of the Roman rooms would look like. In the centre of the room, there is a mosaic of Diana the goddess of hunting. On the right there is a picture of where the Romans would host parties. I tried to play the Roman instruments. Next we went into the Roman courtyard. In the middle there was a Roman bath but we don't have any pictures. After we had finished in the villa we went into the museum. Inside, we made a bridge to represent Pons fabricus in Rome. Then I went to look at a screen where you had to use a brush to get rid of the soil and answer questions about the scull. Archaeologists knew the scull belonged to a woman because of the shape of her face. On the left there is a picture of us looking through some telescopes which shows battle scenes from the battle of Marathon. When we looked out the windows we saw the outlines of the Roman villa remains they found. To the left is a picture of the remains of the bath house they found.

After long morning in the Roman Villa, we got some ice cream.



NHS Pharmacies. Use it or lose it!

WEIGHT LOSS SERVICE

In the UK, approximately 1 in 4 adults live with obesity—a serious health issue that increases the risk of conditions like cancer, heart disease, and type 2 diabetes, potentially reducing life expectancy by 3 to 10 years, depending on severity.

Achieving and maintaining a healthy weight can sometimes be a complex and difficult journey, that also requires commitment. Fortunately, we are here to help with our weight loss service, offering you personalised support, including dietary and physical activity guidance and prescription weight loss aids where appropriate*.

Visit your local Day Lewis pharmacy for more details or book a consultation.

Our service provides a range of weight loss options to support you on your journey:

- **Free Consultation:** Our trained professionals conduct private consultations to assess your needs and provide healthy living advice
- **Medicinal Support:** For those who may benefit, and where clinically suitable*, we offer **private prescription treatments** to complement your lifestyle changes.

Our Available Treatments Include:

- Orlistat
- Mounjaro (Tirzepatide)
- Wegovy (Semaglutide)
- Saxenda (Liraglutide)

Take control of your health today with the Day Lewis Weight Loss Service!

*The choice of available treatments will be dependent on clinical assessment by one of our healthcare professionals.

**Our local pharmacy– High Street Ilchester, BA22 8NH,
01935 840 273**



Ilchester Parish Council met on 13th February and 13th March 2025. The Council meets on the second Thursday of each month at 7:30pm in the Town Hall.

A councillor has resigned and there is now a vacancy for a resident to apply.

Community issues

Flooding: Cllr Galloway confirmed there will be an emergency plan-writing workshop with Bel Deering and Paul Elliston to create a new flood plan for the village. It was suggested there should be resources available and that there is funding available from Somerset Prepared.

Traffic: Cllr Hall reported there is a meeting on 19th March. The 20mph limit has been installed and a further bollard to be installed outside Northover house. A parishioner has been in contact to ask if it is possible to put a speed limit on the Old Fosseway.

Cllr Bailey and Cllr Hall had attended Ilchester Community School to present the Truck Watch Scheme to the children. It was reported that this had been received well by the children who are keen to help, and the school will support through the curriculum.

Planning matters

Please see full minutes on notice boards or online for details.

Allotments

A half plot will be available soon.

Skate Park and Play Areas

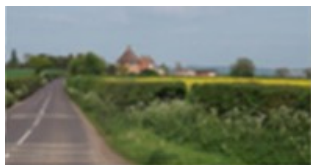
The council noted that the lease at the skate park ends at the end of April after 20 years, the council are supportive of ending the lease.

Cemetery

The clerk has received 2 quotes for the repair work required to the wall.

FOR FULL MINUTES OF MEETINGS PLEASE CHECK NOTICE BOARDS OR ONLINE

The next Ilchester Parish Council meeting will be at Ilchester Town Hall, Thursday 10th April, 19.30. All are welcome.



Unfortunately the March meeting of YDPC was postponed. As a result we have been unable to bring you the highlights. The full minutes will be available in due course on notice boards and the new look web-site. The next meeting: St Bartholomew's, Yeovilton, 19.00 AGM, followed by meeting at 19.30. All welcome.

The
British
Horse
Society

Horse road safety

During the year of 2024 80 horse riders were injured, 58 horses were killed and 97 injured in road incidents. 3,118 road incidents involving horse were reported to the British Horse Society. 81% of these incidents were because the driver was too close to the horse or driving too quickly. [www.bhs.org.uk/support-us/our-campaigns/dead-slow/ accessed 16/3/2025].

The British Horse society has lobbied and collaborated with other road user groups and the Dept. of Transport. This resulted in an updating of the Highway Code in January 2022. The relevant section is below.

215 Horse riders and horse-drawn vehicles. Be particularly careful of horse riders and horse-drawn vehicles especially when approaching, overtaking, passing or moving away. Always pass wide and slowly. When you see a horse on a road, you should **slow down to a maximum of 10 mph**. Be patient, do not sound your horn or rev your engine. When safe to do so, pass wide and slow, **allowing at least 2 metres of space**. Horse riders are often children, so take extra care and remember riders may ride in double file when escorting a young or inexperienced horse or rider. Look out for horse riders' and horse drivers' signals and heed a request to slow down or stop. Take great care and treat all horses as a potential hazard; they can be unpredictable, despite the efforts of their rider/driver. Remember there are three brains at work when you pass a horse; the rider's, the driver's and the horse's. Do not forget horses are flight animals and can move incredibly quickly if startled. [www.highwaycodeuk.co.uk/other-road-users. Accessed 16/3/2025]

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Sports field caretaker	Kat Lawson	07518 053638
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Ilchester Parish Council	Clerk: Ruby Coombs	clerk@ilchesterparishcouncil.gov.uk
Yeovilton & District Parish Council	Clerk: Nicky Moore	clerk@yeoviltonparishcouncil.gov.uk
RNAS Yeovilton Community Engagement Officer	Mr P. Jones	Phillip.jones229@mod.gov.uk
RNAS Yeovilton		01935 840 551
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